

Sermon Discussion Guide:

Number Your Days

Sunday, April 28, 2024

Scripture: **Psalm 90**

OVERVIEW

Moses writes this Psalm while wandering through the wilderness with the generation of Israelites that failed to enter the promised land. Moses praises the Lord for his sovereignty over life, death, judgment and grace. Moses ends by pleading to the Lord for his compassion, his joy, and for his work to be done in their lives. We, too, should realize that our lives are short and will one day end—as with everything on this earth. Rather, **we should wisely find satisfaction in our eternal and sovereign God.**

CORROBORATING TEXTS

Acts 17:29; Isaiah 46:9-10; Genesis 2:7; Hebrews 9:22; Isaiah 46:6-8; Matthew 6:30-36; Romans 6:23; Luke 12:31; Hebrews 4:13-16; Romans 8:18

DISCUSSION QUESTIONS

1. Moses describes the Lord as Israel's eternal dwelling place during all their generations (Psalm 90:1-2). He is faithful to them even when they are not faithful to him. How can we find our dwelling place in the Lord? How has the Lord been faithful in your life?
2. Moses describes our lives as being fragile and short (Psalm 90:3-6). This is especially the case when compared to the eternity of God. How can we practically attempt to live every day as though it is our last? How can we focus on eternity rather than on the passing things of this life?
3. Our sin is the reason for us having to die in this life (Romans 6:23). When we look into our lives and look at the world, we see our sins and see the toil and troubles of life. How do the realities of life bring about fear of God? How can we learn wisdom from the Lord?
4. Despite the seemingly negative beginnings to Psalm 90, we end up seeing that this is a Psalm of hope. This is due to the Lord's redeeming and perfect grace. How can we be reminded of God's grace even when we commit sin?
5. How can we find our joy in the Lord rather than in the fleeting joys of this world?
6. Despite not being able to see the Lord as clearly, Moses still believed and had hope that the Lord was at work. How can we be reminded of the fact that the Lord is working even when we can't see it? How can we show others the Lord through our works?